

Acupuncture & Chinese Medical Center

Patient Intake Form

Thank you for coming. Please help us provide you with a complete evaluation by taking the time to fill out this questionnaire carefully. All your information will be confidential. If you have questions, please ask. Thank you.

| | | |
|--|--|---|
| Full name | Sex <input type="checkbox"/> F <input type="checkbox"/> M | Date |
| Date of birth | Age | Occupation |
| E-mail address | Home phone # | Work phone # |
| Address: Street | City | State |
| In Emergency notify | Marital status <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> D <input type="checkbox"/> W | # of children |
| Family physician | Chiropractor | |
| Do you have a health insurance? <input type="checkbox"/> Yes <input type="checkbox"/> No | Name of insurance company | |
| Does your insurance cover acupuncture? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> ? | Have you ever been treated by acupuncture before? | |
| How did you know this clinic ? <input type="checkbox"/> Friends/Relatives <input type="checkbox"/> Periodicals | | |
| <input type="checkbox"/> Direct mails; | <input type="checkbox"/> Location or walk by; | <input type="checkbox"/> Website <input type="checkbox"/> Referred by |
| <input type="checkbox"/> Yellow Pages; | <input type="checkbox"/> Other (please specify) | |

Main problem(s) : You would like us to help you with _____

When did this problem begin?

What are the precipitating factors?

Have you been given a diagnosis for this problem? If so, what?

To what extent does this problem interfere with your daily activities (work, sleep, sex, etc.)?

What kind of treatment have you tried?

What makes this problem worse?

What makes this problem better?

Is there anybody in your family with the same/similar problems?

Remarks and additional information:

Past medical history (Please include the month/year when the diagnosis was established)

| | | | | | |
|-------------------------|---------------|---------------------|-------------------|---------------------|----------|
| Significant illness: | Cancer | Diabetes | Hepatitis | Thyroid Disease | Seizures |
| Fibromialgia | Arthritis | Tuberculosis | Hypertension | Emotional Imbalance | Anemia |
| Breathing Problems | Heart Disease | Digestive Disorders | HIV/AIDS Positive | Veneral Disease | |
| Other (pleased specify) | | | | | |

Surgeries:

Hospitalization:

Significant trauma (auto accidents, sports injuries, etc) :

Allergies: (drugs, chemicals, foods)

Family medical history (Please specify family member)

| | | |
|-------------------------|---------------|-------------|
| Cancer | Diabetes | Hepatitis |
| Hypertension | Heart Disease | Stroke |
| Asthma | Alcoholism | Miscarriage |
| Other (pleased specify) | | |

Medicines taken within the last two months (including Vitamins, OTC drugs, herbs, etc., and their dosages)

Occupation Do you usually work ☐ indoors ☐ outdoors ?

Occupational stress (chemical, physical, psychological, etc)

Personal Height _____ Weight now _____ One year ago _____
Weight maximum _____ @Year _____

Habits Do you smoke ? ☐ Yes ☐ No What? _____ How many per day? _____ Since when? _____

Please describe any use of drugs for non-medical purposes:

Do you exercise regularly ☐ Yes ☐ No Please describe your exercise program:

How many hours do you sleep in general?

When do you usually go to bed?

Diet How much coffee do you drink ? _____ cups/day ; Colas _____ number/day; Tea _____ cups/day.

What kind of alcoholic beverages do you usually drink? _____, average number of drinks/week ? _____

How much water do you drink per day? _____

Are you a vegetarian? ☐ Yes ☐ No ☐ Yes, but not so strict

Do you eat a lot of spicy food ? ☐ Yes ☐ No

Remarks and additional information (e.g. diet)

Please describe your average daily diet (Please be as specific as possible):

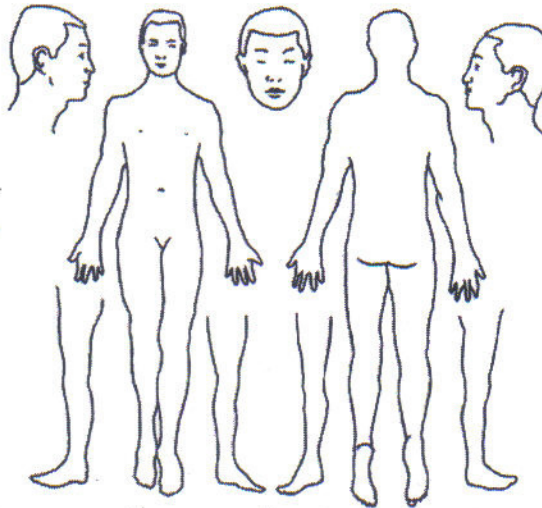
Morning

Afternoon

Evening

Snacks

Indicate painful or distressed areas:



Please check if you have or have had (in the last three months) any of the following diseases or conditions.

| | | | | | |
|---|---|---|---|---|---------------------------------|
| General | <input type="checkbox"/> Poor appetite | <input type="checkbox"/> Poor Sleeping | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Fevers | <input type="checkbox"/> Chills |
| <input type="checkbox"/> Night sweats | <input type="checkbox"/> Sweat easily | <input type="checkbox"/> Tremors | <input type="checkbox"/> Cravings | <input type="checkbox"/> Change in appetite | |
| <input type="checkbox"/> Poor balance | <input type="checkbox"/> Bleed or bruise easily | <input type="checkbox"/> Localized weakness | <input type="checkbox"/> Weight loss | <input type="checkbox"/> Weight gain | |
| <input type="checkbox"/> Peculiar tastes | <input type="checkbox"/> Desire hot food | <input type="checkbox"/> Desire cold food | <input type="checkbox"/> Strong thirst (cold or hot drinks) | | |
| <input type="checkbox"/> Sudden energy drop (What time of a day) _____ Favorite time of year _____ Worst time of year _____ | | | | | |

| | | | | | |
|--|-----------------------------------|--------------------------------------|---------------------------------------|---------------------------------------|----------------------------------|
| Skin & hair | <input type="checkbox"/> Rashes | <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Hives | <input type="checkbox"/> Itching | <input type="checkbox"/> Eczema |
| <input type="checkbox"/> Pimples | <input type="checkbox"/> Dandruff | <input type="checkbox"/> Dry skin | <input type="checkbox"/> Recent moles | <input type="checkbox"/> Loss of hair | <input type="checkbox"/> Purpura |
| <input type="checkbox"/> Change in hair or skin textures | <input type="checkbox"/> Other? | | | | |

| | | | | |
|--|--|---|---|---|
| Musculoskeletal | <input type="checkbox"/> Joint disorders | <input type="checkbox"/> Weakness muscles | <input type="checkbox"/> Pain/soreness in the muscles | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Difficult walking | <input type="checkbox"/> Cold hands/feet | <input type="checkbox"/> Swelling of hands/feet | <input type="checkbox"/> Back pain | <input type="checkbox"/> Spinal curvature <input type="checkbox"/> Hernia |
| <input type="checkbox"/> Numbness | <input type="checkbox"/> Tingling | <input type="checkbox"/> Paralysis | <input type="checkbox"/> Neck tightness | <input type="checkbox"/> Neck pain <input type="checkbox"/> Shoulder pain |
| <input type="checkbox"/> Hand/wrist pain | <input type="checkbox"/> Hip pain | <input type="checkbox"/> Knee pain | <input type="checkbox"/> Sprain of joint | <input type="checkbox"/> Other |

| | | | | |
|---|---|--|--|--|
| Head, eyes, ears, nose, and throat | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Concussions | <input type="checkbox"/> Migraines | <input type="checkbox"/> Glasses/lens |
| <input type="checkbox"/> Eye strain | <input type="checkbox"/> Eye pain | <input type="checkbox"/> Color Blindness | <input type="checkbox"/> Night blindness | <input type="checkbox"/> Poor vision <input type="checkbox"/> Cataracts |
| <input type="checkbox"/> Blurry vision | <input type="checkbox"/> Earaches | <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Poor hearing | <input type="checkbox"/> Spots in front of eyes |
| <input type="checkbox"/> Sinus problems | <input type="checkbox"/> Nose bleeding | <input type="checkbox"/> Sore throat | <input type="checkbox"/> Grinding teeth | <input type="checkbox"/> Teeth problems <input type="checkbox"/> Facial pain |
| <input type="checkbox"/> Jaw clicks | <input type="checkbox"/> Sores on lips/tongue | <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Other | |

| | | | | | |
|------------------------------------|--|---|---|--------------------------------------|-----------------------------------|
| Cardiovascular | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Low blood pressure | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Palpitation | <input type="checkbox"/> Fainting |
| <input type="checkbox"/> Phlebitis | <input type="checkbox"/> Irregular heartbeat | <input type="checkbox"/> Rapid heartbeat | <input type="checkbox"/> Varicose veins | <input type="checkbox"/> Other | |

| | | | | |
|-------------------------------------|------------------------------------|---|---|--|
| Respiratory | <input type="checkbox"/> Cough | <input type="checkbox"/> Coughing blood | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Difficulty in breathing |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Production of phlegm – What color? _____ | |

| | | | | | |
|--------------------------------------|--|---|--------------------------------------|---|--------------------------------------|
| Gastrointestinal | <input type="checkbox"/> Nausea | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Constipation | <input type="checkbox"/> Gas |
| <input type="checkbox"/> Belching | <input type="checkbox"/> Black stools | <input type="checkbox"/> Blood in stools | <input type="checkbox"/> Indigestion | <input type="checkbox"/> Bad breath | <input type="checkbox"/> Rectal pain |
| <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Abdominal pain/cramps | <input type="checkbox"/> Gallbladder problems | <input type="checkbox"/> Parasites | <input type="checkbox"/> Chronic laxative use | |
| Bowel movements: Frequency _____ | | Color _____ | Odor _____ | Texture/ Form _____ | |

| | | | |
|-------------------------------------|--|---|---|
| Neuro-psychological | <input type="checkbox"/> Loss of balance | <input type="checkbox"/> Lack of coordination | <input type="checkbox"/> Concussion |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Stress | <input type="checkbox"/> Bad temper <input type="checkbox"/> Bi-polar |

| | | | | |
|--|---|---|---|---|
| Genito-urinary | <input type="checkbox"/> Pain on urination | <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Blood in urine | <input type="checkbox"/> Urgent to urinate |
| <input type="checkbox"/> Kidney stones | <input type="checkbox"/> Unable to hold urine | <input type="checkbox"/> Dribbling | <input type="checkbox"/> Pause of flow | <input type="checkbox"/> Frequent urinary tract infection |
| <input type="checkbox"/> Pain in genital | <input type="checkbox"/> Itching of genital | <input type="checkbox"/> Other | | |

| | | | | |
|--|--|---|--|---|
| Female | <input type="checkbox"/> Frequent vaginal infections | <input type="checkbox"/> Pelvic infection | <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Vaginal/genital discharge |
| <input type="checkbox"/> Fibroids | <input type="checkbox"/> Ovarian cysts | <input type="checkbox"/> Irregular periods | <input type="checkbox"/> Clots | <input type="checkbox"/> Pain/cramps prior/during periods |
| <input type="checkbox"/> Breast tenderness | <input type="checkbox"/> Breast Lumps | <input type="checkbox"/> Fertility Problems | <input type="checkbox"/> Hot flashes | <input type="checkbox"/> Moodiness related to periods |
| _____ number of pregnancies | _____ number of births | _____ Miscarriages | _____ Abortions | |
| _____ Premature births | _____ Cesareans | _____ Difficult delivery | | |
| First date of last period _____ | | Age of first menses _____ | Duration of periods _____ days, cycle _____ days | |
| Do you practice birth control ? <input type="checkbox"/> Yes <input type="checkbox"/> No . If yes, what type and for how long? _____ | | | | |
| If you're on birth control pills, what are you taking and for how long? _____ | | | | |

| | | | | |
|---|---|--|------------------------------------|--|
| Male | <input type="checkbox"/> Prostate problems | <input type="checkbox"/> Discharge | <input type="checkbox"/> Impotence | <input type="checkbox"/> Frequent seminal emission |
| <input type="checkbox"/> Fertility problems | <input type="checkbox"/> Ejaculation problems | <input type="checkbox"/> Painful/swollen testicles | <input type="checkbox"/> Other | |

I understand the above information and guarantee this form was completed correctly to the best of my knowledge.

Signature: _____

☐ Adult Patient ☐ Parent or Guardian ☐ Spouse

INFORMED CONSENT TO ORIENTAL MEDICAL HEALTH CARE

I hereby request and consent to the performance of the following on myself (or the patient named below, for whom I am legally responsible) by the licensed acupuncturists on staff at the Acupuncture & Chinese Medical Center (ACMC) who now or in the future treat me while employed by, working or associated with or serving as backup for ACMC, including those working at this clinic: acupuncture and other oriental medical procedures including diagnostic techniques such as questioning, pulse evaluation, palpation on a variety of areas of my body, observation, range of motion, muscle, and orthopedic testing; modes of manual or physical therapy such as Tuina, manipulation of joints and/or viscera, heat and/or cold therapy and electrical and/or magnetic stimulation; the prescription of herbal and homeopathic medicines as well as dietary supplements; dietary recommendations; exercise advice and healthy lifestyle counseling.

I have had an opportunity to discuss with my practitioner, and/or with other clinic personnel the nature and purpose of acupuncture and Oriental Medicine procedures. Although I am aware that acupuncture and the other procedures used in Oriental Medicine have helped millions of people, I understand that no guarantee of cure or improvement in my condition is given or implied.

I understand and am informed that, as in the practice of allopathic medicine, in the practice of Oriental Medicine there are some risks of treatment. I understand that although these risks are unlikely to occur, they are possible. I understand that these risks include, but are not limited to bleeding, bruising, pneumothorax (punctured lung), puncture of other organs, pain or other strong sensations at the location of where a needle is inserted or radiating from that location, nerve pain, burns, aggravation of current symptoms, appearance of new symptoms, general aches, sprains, strains, dislocation, fractures, disc injuries, and strokes. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise such judgment during the course of my treatment as the doctor feels at the time, based on the facts known, to be in my interest. I authorize the staff to perform any necessary services needed during diagnosis and treatment.

I have read, or have had read to me, this informed consent form. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment at the ACMC clinic.

Patient's name (please print)

Patient's signature

Print name of patient's representative (if applicable)

Relationship or authority of patient's representative

Date signed

Witness

Notification Regarding Evaluation of Patient by Physician

Pursuant to the requirement of section 183.6 (e) of this title and section 6.11, subsection (d) V.A.C.S. article 4495b, governing the practice of acupuncture)

I (patient's name), _____ am notifying the ACMC of the following: _____

Yes ___ No ___ I have been evaluated by a physician, dentist, or nurse practitioner, for the condition being treated within twelve (12) months before the acupuncture was performed. I recognize that a physician should evaluate me for the condition being treated by the acupuncturist.

OR

Yes ___ No ___ I have received a referral from a chiropractor within the last 30 days for acupuncture. The date of the referral is _____, and the most recent date of chiropractic treatment prior to acupuncture treatment is _____. After being referred by a chiropractor, if after 120 days or 30 treatments, whichever comes first, no substantial improvement occurs in the condition being treated, I understand that the acupuncturist is required to refer me to a physician. It is my responsibility and choice to follow this advice.

Yes ___ No ___ The acupuncturist has referred me to a physician. It is my responsibility and choice to follow this advice.

Patient Signature (required)

Acupuncturist's Signature

Date Signed

Acupuncture & Chinese Medical Center

New Patient Information

Welcome to the Acupuncture & Chinese Medical Center. Our clinic is a professional clinic specializing in Oriental medicine which includes acupuncture, herbal consultation and Asian bodywork.

Professional Clinic Appointments

Treatments are by appointment only. In order to better serve you, it is important that we receive twenty-four (24) hour notice if you need to cancel or reschedule an appointment. This enables us to fill the time slot. We reserve the right to charge a current acupuncture treatment fee for appointments canceled with less than twenty-four hours notice or for "no show" appointments.

Payment for Services Rendered

Payment is due at the time of service and May be paid in cash or by check or credit card (Master Card, Visa or Discover only). We reserve the right to charge \$25.00 fee for any returned check.

Insurance

We will file insurance claims on your behalf after we have been able to establish with your insurance company that they will honor our claim filing. Until such willingness has been established, it will be necessary for you to pay for your treatment and we will provide you with an insurance receipt which you may use to file your claim. It's your responsibility to pay off unpaid balance related to your treatment.

Please sign and date on the line provided below. Thank you for allowing us to provide you with a quality, low cost alternative to traditional health care.

Patient Signature: _____ **Date:** _____